# Recreation and Wellness

**MINUTES**  
**DATE:** OCTOBER 9, 2018  
**TIME:** 1:30 PM  
**LOCATION:** REC CTR BOARD ROOM

<table>
<thead>
<tr>
<th>MEETING CALLED BY</th>
<th>John MacDonald, Administrator</th>
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<tbody>
<tr>
<td>TYPE OF MEETING</td>
<td>Monthly Meeting</td>
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<tr>
<td>PRESIDER</td>
<td>Kristine Kraft, Chair</td>
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<td>NOTE TAKER</td>
<td>Danica Houlé, Secretary</td>
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| ATTENDEES               | Attendees: Audrey Adam, Debra Gannon, Danica Houlé, Kris Kraft, John Roncone  
**Absent with notice:** John MacDonald, Alma Olson, James Thomson |

## Agenda topics:

### 1:30 PM  
**CALL TO ORDER**  
**KRIS KRAFT**

| DISCUSSION | 1. Kris Kraft called the meeting to order at 1:30 p.m.  
|            | 2. Review of agenda presented no additional items.  
|            | 3. Welcome to John Roncone, new Faculty Senate representative.  
|            | 4. 9/11/18 Minutes unanimously approved. |

### FOOD INSECURITY SURVEY UPDATE  
**KIRIS KRAFT**

**DISCUSSION**

Further action on hold pending receipt of Tim McCarragher’s comparative data report.

### STUDENT UNION FOOD PANTRY UPDATE  
**KIRIS KRAFT**

**DISCUSSION**

Tabled for discussion at next meeting.

### NEW BUSINESS  
**KIRIS KRAFT**

**DISCUSSION**

1. Wellness Incentive Program – Time was used to brainstorm incentive ideas and to identify areas that require further research in benchmarking similar programs at other universities. All agreed it would be helpful to engage Sarah Kelly in conversation to get HR’s perspective on this topic. Kris will invite her to November’s meeting.  

### ADJOURNMENT  
**KIRIS KRAFT**

**DISCUSSION**

Next meeting: November 13, 2018, 1:30 p.m., Rec Center Conference Room.  

*THE MEETING WAS ADJOURNED AT 2:30 P.M. BY UNANIMOUS CONSENT.*