**UC Recreation and Wellness**

**MINUTES**

**MARCH 12, 2014**

**MEETING CALLED BY**

MEETING OPENED AT: 1:30 pm

**TYPE OF MEETING**

Committee Meeting

**FACILITATOR**

Kris Kraft

**NOTE TAKER**

Mary Cooke

**ATTENDEES**

Mary Cooke, Mary Jane Grebenc, Kris Kraft, John MacDonald, Kent Marsden, Jamie Parker. Invited and present were Stacey Adams and Alma Olsen.

Excused: Becky Gibson-Lee, Roberta DePompei

### Agenda topics

**APPROVAL OF MINUTES FROM LAST MEETING**

**Kris Kraft**

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<th>DISCUSSION</th>
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<td>Kris presented the minutes from our January 2014, meeting. A motion was made and seconded, and there was no discussion.</td>
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**CONCLUSIONS**

The minutes were approved.

**ACTION ITEMS**

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<th>PERSON RESPONSIBLE</th>
<th>DEADLINE</th>
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**UNIVERSITY COUNCIL UPDATE**

**Kris Kraft**

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<td>The council is currently working on gathering goals from all the committees and they are to be presented in March.</td>
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**CONCLUSIONS**

Our committee has submitted the goals and they will be presented.

**FEBUARY MEETING**

**Kris Kraft**

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<td>Kris presented the information from the February meeting where Kris, Mary, and Kent met with Candace Campbell Jackson. Candace stated that she was unaware of the obstacles that the Committee has faced and is going to take the Wellness Program up the chain of command. We also were asked to submit a summary document, which John will prepare.</td>
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**CONCLUSIONS**

Our committee will submit a summary document.
Prepare and submit summary document on our wellness goals.

John MacDonald, Kris Kraft

3/31/14

Identify immediate goals and long term goals. We also need to get to the table the people who need to be involved with this initiative.

Some immediate goals:
- Pull together resources already available on campus
- Have a contact in departments under each sphere of the wellness initiative
- Put together a wellness team

Long Term goals:
- Peer leadership team of students (can involve organizations, fraternities, sororities)
- Gather data for a cost-benefit analysis
- Establishing representatives from each sphere on our committee

We discussed possibilities of representatives of departments who should be involved with this goal.

Continue discussion of specific action goals and assign to accomplish

Kris Kraft

MEMBERSHIP

With the conclusion of the UC year, we will be losing many members: Rebecca Gibson-Lee, AJ Fosselman, Mary Jane Grebenc, Kathleen Hurley, Jamie Parker, and Vicki Rostedt. Kris thanked these members for their contribution. In attendance was Stacey Adams and Alma Olsen. Invitations were extended for both to continue coming to our meetings, as their knowledge is very beneficial.

Mary Jane will ask to be re-appointed to this committee. Jamie has been appointed from GSG for the 2014-2015 term.

MEETING ADJOURNED AT: 2:30 pm