### LICENSED SOCIAL WORKER

### PROFILE

Skilled Master Level, Licensed Social Worker with specialization in ADHD treatment, Cognitive Behavioral Therapy, and Mindfulness techniques. Clear communicator, both oral and written. Strong interpersonal skills; interface effectively with co-workers, management, and clientele. Excels in unpredictable and chaotic environments. Resourceful, analytical, and detail-driven with capabilities in completing multiple projects with competing deadlines.

### EXPERIENCE

## ADJUNCT PROFESSOR DEPARTMENT OF SOCIAL WORK

### The University of Akron

2024

Manage syllabi alignment and course development, utilizing diverse instructional methods to engage students. Offer individualized support for improved comprehension, while fostering talent development through exercises and discussions. Evaluate student performance to ensure academic excellence Courses Taught:

Social Work Practice 2 - SOWK402

## CONTACT

330-495-0310 Canton, OH SylvesterADHD@gmail.com

## EDUCATION

### **Master of Social Work**

The University of Akron 2020

#### **Bachelor of Arts**

Malone University 2017

# LICENSURES & CERTIFICATIONS

#### LICENSED SOCIAL WORKER

S. 1701363 I Ohio CSWMFT

# COGNITIVE BEHAVIORAL THERAPY CERTIFICATION

The University of Akron

# PROFESSIONAL AFFILIATIONS

Malone University Social Work Advisory Board 2022 - 2024

### LICENSED SOCIAL WORKER

### EXPERIENCE

### BEHAVIOR HEALTH CAMPUS COORDINATOR

### The University of Akron

2023

Independently manages tasks crucial for the BHPP program success. Serve as a key point of contact, foresee and address complications, and coordinate academic program services. Skilled in recruiting, orienting students, and developing partnerships. Proven ability in managing, tracking, and evaluating program activities. Facilitate education and training, coordinate field placement activities, and provide support to agencies and field instructors. Successful in employment coaching and assisting students with job preparation and placement

### **CLINICAL MENTAL HEALTH THERAPIST**

### 4KidHelp & Adults, Inc.

2020 - 2023

Confidently establish a therapeutic relationship and provide ongoing mental health treatment within the scope of practice denoted by state licensure. Utilize evidenced-based interventions/protocols including the use of individual, group, or family therapy, when evidence supports a modality for maximizing outcomes for specific diagnoses/populations. Provide comprehensive and ongoing assessments. Involve and educate family members and other natural support systems to the extent possible, while providing ongoing coordination of care with community care providers.

# EXPERTISE & SPECIALIZATIONS

- Cognitive Behavioral Therapy
- Mindfulness Techniques
- Attention
   Deficit/Hyperactive
   Disorder Treatment
- Adjustment Disorder
- Anxiety Related Disorders
- Autism Spectrum Disorder
- Oppositional Defiance
   Disorder

# PUBLICATIONS & PRESENTATIONS

Slovak, K., Wade, H., & Huston III, S. (2018).

Measuring and addressing elderly bullying in a residential community. The Journal of Sociology & Social Welfare, 3.

Nominated Guest Speaker Malone University Spring 2017 Luncheon

"Life Skills" Facilitator LifeSkills Alternative High School 2017

### LICENSED SOCIAL WORKER

### EXPERIENCE

## ADJUNCT PROFESSOR DEPARTMENT OF SOCIAL WORK

### **Malone University**

2022

Coordinate syllabi to meet class standards, plan engaging lectures and assignments aligned with curriculum, utilize diverse technologies, work individually with students to enhance understanding and grades, and foster talent development through exercises and discussions while evaluating student performances and assignments

Courses Taught:

- History of Social Welfare SWK311
- Social Work Policy and Analysis SWK312

### CLINICAL MENTAL HEALTH THERAPIST

Jay Berk PhD. & Associates

2021 - 2022

Conducted clinical interview, weekly individual counseling sessions, and mental health consultation via telehealth services to a variety of diversified populations and disorders. Sustained appropriate documentation in a timely manner. Maintained appropriate billing and scheduling based on practice's policies and procedures.

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# PROFESSIONAL AFFILIATIONS

Malone University Social Work Advisory Board 2022 - 2024

### LICENSED SOCIAL WORKER

### EXPERIENCE

### **GRADUATE LEVEL INTERN**

4KidHelp & Adults, Inc.

2019 - 2020

### **GRADUATE LEVEL INTERN**

Vantage Behavioral Health Solutions

2018 - 2019

### RESIDENTIAL LICENSED SOCIAL WORKER

CommQuest Services, Inc.

2017-2018

Conducted individual and group counseling sessions while implementing behavior management systems and conducting crisis intervention counseling as necessary. Completed required documentation efficiently and ontime including Mental Health Treatment Plans, ASAM certification forms, weekly summaries and discharge documentation. Developed and monitored ongoing performance contracts and strategies while coordinating and scheduling all other clinical services to ensure appropriate utilization of continuum.

#### **RESIDENTIAL TECHNICIAN**

CommQuest Services, Inc.

2017

### **GROUP FACILITATOR**

Our Minds Matter Urban Teen Summit 2017

### **CERTIFIED PEER SUPPORT SPECIALIST**

CommQuest Services, Inc. 2017

#### **GROUP FACILITATOR**

Our Minds Matter Urban Teen Summit 2017

# EXPERTISE & SPECIALIZATIONS

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